

September 7, 2010

BEHAVIORAL HEALTH RECORD REVIEW

Care1st will conduct PCP behavioral health record reviews 9/1/10 - 10/1/10. The purpose of this review, which is required by AHCCCS, is to obtain data on the current behavioral health management practices of our PCPs. PCPs are selected at random to participate in the record review process.

- ✓ The Behavioral Health Treatment audit assesses compliance with clinical practice guidelines for treating ADHD, anxiety and depression.
- ✓ The Behavioral Health Record Review audit measures compliance with AHCCCS coordination of care directives when treating a member who is also receiving behavioral health services from a RBHA provider.
- ✓ Each audit will include a review of one to ten medical records per practitioner and the aggregate results will be presented to the Care1st Clinical and Service Quality Improvement Committee October 26, 2010.
- ✓ The record review is separate and unrelated to the annual HEDIS audits.

Our goal is to provide feedback to our practitioners regarding trends in the treatment of behavioral health disorders. We will use this information to increase practitioner awareness and to promote excellence in the provision of behavioral health services to our members. The results will also help ascertain additional practitioner support needs regarding the clinical management of behavioral health issues.

We will call practices randomly selected for audit to set up a convenient time to conduct the record review. If you would like to have a copy of the audit tool faxed to your office or if you have any questions regarding the record review process, please contact Donna Smith, Care1st Behavioral Health Supervisor, at 602.778.1800 x1834.

Thank you!