

EPSDT

EPSDT (well-child visits) provides comprehensive health care through primary prevention, early intervention, diagnosis and medically necessary treatment of physical and behavioral health problems for enrolled AHCCCS members less than 21 years of age.

- ❖ EPSDT screening services must be provided according to the AHCCCS periodicity schedule (see Provider Manual or)
 - Age-specific EPSDT tracking forms must be used. These forms may be printed off using the link or ordered by calling Provider Services. The original tracking form must be kept in the member's medical record and the yellow copy must be forwarded to the Health Plan's EPSDT department.
 - **NOTE:** If your office will be implementing electronic medical records, the EPSDT portion **MUST** adhere to and contain all of the components found within the EPSDT tracking form. A copy of the electronic medical records **MUST** be sent to the health plan as a replacement for the current "yellow copy" that is submitted.
- **Screening requirements include:**
 - A comprehensive health and developmental history which includes physical, nutritional and behavioral health assessments.
 - **NOTE:** Beginning January 2006, it is recommended that any baby admitted to the Nursery Intensive Care Unit (NICU) after birth should have a developmental screening using the *Parents' Evaluation of Developmental Status (PEDS) tool*. This tool should be used during all EPSDT visits from 0-8 years of age. Prior to implementation of this tool in your office, the provider must be trained in the administration of the tool and the health plan must be notified. Training materials are available on the AzAAP website (www.azaap.org). Further instruction will be given regarding billing requirements which will allow for additional reimbursement for completion of the PEDS Tool. Please contact the EPSDT Department or your Provider Services Representative for more information.
 - A comprehensive unclothed physical examination
 - Appropriate immunizations according to age and health history
 - **NOTE:** Any provider seeing members under the age of 18 years must participate with the Vaccines for Children (VFC) program. Additionally, all immunization given must be

reported to the Arizona State Immunization Information System (ASIS).

- Appropriate laboratory tests including blood lead screening at 12 and 24 months of age. (see Provider Manual for more details)
- Health education
- Appropriate oral health screening to identify gross tooth decay or oral lesions.
 - **NOTE:** PCPs are expected to refer EPSDT members for appropriate services based on needs identified through screening and for routine dental care based on the periodicity schedule. Evidence of this referral should be documented on the EPSDT form. In addition to the PCP referral, members may self-refer to a dentist who is in the contracted provider network.
- Appropriate vision, hearing and speech testing and diagnosis as well as treatment for defects in vision and hearing.
- Tuberculin skin testing as appropriate to age and risk

Children's Rehabilitative Services (CRS)

PCPs and specialists are required to refer children who may be appropriate for CRS services to CRS. CRS is designed to serve children under 21 years old who have medically handicapping or potentially handicapping conditions and who have the potential for improvement through various interventions. CRS does not Replace the PCP. The CRS referral must include a completed CRS application and a copy of medical records that support the CRS diagnosis. Examples of the types of conditions covered by CRS include but are not limited to:

- Cerebral Palsy
- Cystic Fibrosis
- Cleft Lip/Cleft Palate
- Sickle Cell Anemia
- Metabolic Diseases
- Cardiac anomalies
- Scoliosis

Maternity Care Services

Care 1st provides a full continuum of maternity care program services to all eligible, enrolled members of childbearing age.

- OB Case Management is available to all members identified as high risk.
- The Case Manager will:
 - Contact the member and assist with coordination of any services that may be required including;
 - scheduling of appointments,
 - education on prenatal care,
 - family planning health issues including sterilization services
 - post partum care.
 - community services such as WIC and home health.
 - assist the provider with follow-up on members compliance,
 - coordination of referrals to the Regional Behavioral Health Authority (RBHA) and
 - referrals to perinatologist

❖ Member Incentive for 2006:

- Care 1st members can receive a small gift for the completion of at least 5 prenatal and the post partum visits which should include a Pap Smear (if not done previously) and family planning.
- We also encourage attendance at a childbirth class. To promote breast feeding, Care 1st will cover the cost of a breast feeding class. WIC information is given to all pregnant members and enrollment is encouraged.
- We ask you to please sign or stamp the “Special Delivery Card” members will be presenting. Please be sure to list the dates of at least 5 visits and the date of the post partum visit.

❖ Baby Arizona

- To become a Baby Arizona Provider, please call 602-417-4381